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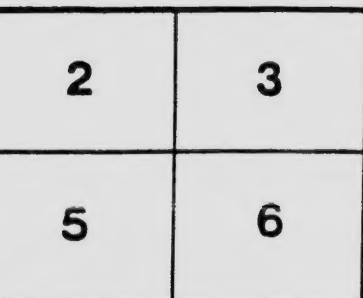
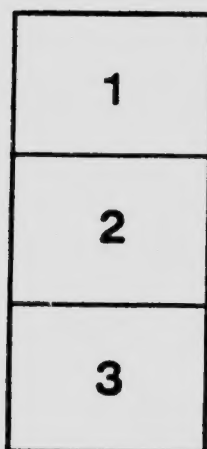
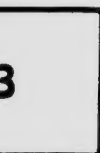
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No. 100  
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**British Columbia**

# **Amateur Athletic Union**



## **CONSTITUTION BY-LAWS GENERAL AND ATHLETIC RULES 1911**



**ORGANIZED MARCH 13TH, 1908**

**British Columbia**  
**Amateur Athletic Union**

**CONSTITUTION**  
**BY-LAWS**  
**GENERAL AND ATHLETIC RULES**  
**1911**

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**PRICE 25 CENTS.**

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**Provincial Secretary-Treasurer:**  
**HAMMOND GOWEN, - - Vancouver, B. C.**

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**ORGANIZED MARCH 13TH, 1908**

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**VANCOUVER, B. C.**

**Printed by A. H. Timms, Fourteenth Ave. E.  
1911**

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# CONSTITUTION

OF THE

## British Columbia Amateur Athletic Union

### ARTICLE I.

This organization shall be known as the British Columbia Amateur Athletic Union.

### ARTICLE II.

The territory under the jurisdiction of this Union shall be the Province of British Columbia.

### ARTICLE III.

The objects of this Union are:

1. The encouragement of systematic physical exercise and education in British Columbia.
2. The improvement, promotion and regulation of athletic sports among amateurs.
3. The incorporation of all eligible amateur athletic organizations in British Columbia into such separate local branches and representation in this Union, as may be deemed best adapted to advance the cause of amateur athletics throughout British Columbia.
4. The establishment and maintenance throughout British Columbia of a uniform test of amateur standing and uniform rules for the government of all athletic sports within its jurisdiction.
5. The institution, regulation and awarding of the amateur athletic championships of British Columbia.
6. The promotion of provincial or local legislation in the interest of the institution of public gymnasia, baths and fields for track and field amateur sports in British Columbia.

### ARTICLE IV.

#### THE DEFINITION OF AN AMATEUR.

As adopted by the A. A. U. of C. and the B. C. A. A. U., an amateur is one who has never—

- (A) 1. Entered or competed in any athletic competition for a staked bet, money, private or public, or gate receipts.

2. Taught or assisted in the pursuit of any athletic exercise or sport as a means of livelihood.

3. Received any bonus or payment in lieu of loss of time while playing as a member of any club or engaged in any athletic sport or exercise, or any consideration whatever, for any service as an athlete, except actual travelling or hotel expenses.

4. Sold or pledged his prizes.

5. Promoted an athletic competition for personal gain.

NOTE—An athlete guilty of any of the above offences can never be reinstated.

(B) An athlete who has competed with or against a professional for a prize, or where gate receipts are charged (except as may be specially provided for by the By-Laws of the Union), or has entered in any competition under a name other than his own, shall be ineligible for competition and registration as an amateur.

NOTE—Such an athlete may be eligible for reinstatement.

(C) All others shall be considered eligible for registration and competition in the Union and its affiliated bodies.

## ARTICLE V.

### CONDITIONS OF MEMBERSHIP.

1. The membership of this Union shall be limited to amateur organizations promoting some branch or branches of amateur athletic sports.

2. This Union, through its Executive Committee, shall be the sole judge of the qualifications of applicants for membership herein and of the qualifications of members to continue herein.

3. Application for membership shall be in the form prescribed in the By-Laws of this Union, and acceptance of membership in this Union shall bind such member to abide by the Constitution, By-Laws and Rules of this Union, and to enforce all decisions of the Executive Committee.

## ARTICLE VI.

### SUSPENSION AND EXPULSION OF MEMBERS.

1. Any violation by any member of this Union of the Constitution and By-Laws and Rules of this Union, or order of the Executive Committee, made in conformity therewith, shall render such member liable to suspension by the Executive Committee until the next annual or special meeting of this Union, and to expulsion by a two-thirds vote of all the members represented at such meeting.



## ARTICLE VII.

### MANAGEMENT.

1. The management of the affairs of this Union shall be delegated to a Provincial Executive Committee, assisted by Local Boards in each organized district, or District Consuls appointed by the Executive Committee in unorganized districts.

2. The Executive Committee shall consist of two delegates from each Local Board and the District Consuls, and at the annual meeting shall elect a President, Vice-President and a Secretary-Treasurer, not necessarily from among their number, each of whom shall serve for a term of one year, or until his successor is chosen.

## ARTICLE VIII.

### DUTY AND POWER OF EXECUTIVE COMMITTEE.

The Executive Committee shall, in addition to the duties described in the By-Laws:

1. Admit to membership any organization eligible under this Constitution applying therefor, if they deem proper.

2. Impose or enforce penalties for any violation of the Constitution or By-Laws of this Union.

3. Reject any entries at any Union championship meeting, and to delegate this power to its Committees.

4. Remove from office by a two-thirds vote any member of the Executive Committee who, by neglect of duty or by conduct tending to impair his usefulness as a member of such committee, shall be deemed to have forfeited his position.

5. Control the dues and funds of the Union and expend the same.

6. Call regular and special meetings of this Union and fix the date and place for holding all meetings.

7. Institute, locate, conduct and manage all Union championship meetings, or delegate this power to a member.

8. Explain, define and interpret the provisions of the Constitution or By-Laws of the Union upon request of a member.

9. Establish and define rules for the government of athletic sports.

## ARTICLE IX.

### DUES AND EXPENSES.

1. Each Club, League, Union or Association affiliated with this Union shall annually send to the Secretary-



Treasurer of the Local Board, or Resident Consul, a list of its active members, with registration fees as fixed in the Constitution, before the opening of its playing season, and shall register from time to time all new members.

2. An Association, Union or League controlling one branch of sport only shall pay an annual fee of \$2.00, and an additional \$1.00 for each club or member comprising the Association, Union or League. Fees to be due and payable at beginning of playing season in each year.

Athletic organizations controlling a number of clubs playing under its name and colors shall pay an annual fee of \$5.00, due in January of each year. Individual clubs not associated with any Association, Union, League or athletic organization, members of this Union, shall pay an annual fee of \$1.00, due in January of each year.

3. A failure to pay the said dues within the time prescribed shall operate to prevent a representation of and a vote by the delinquent member at any meeting of the Local Board, and a continued indebtedness for dues or other charges for a period of three months shall operate as a loss of membership by the delinquent member.

6. The receipts from all sources shall be disposed of according to the decisions of the Executive Committee.

## ARTICLE X.

### MEETINGS.

1. The annual meetings of this Union shall be held on the date of the annual field meet, which shall be held during the months of August, September or October, at a place appointed at the previous annual meeting, thirty days notice of which shall be sent to each Local Board, District Consul or affiliated member by the Secretary-Treasurer.

2. At all meetings of the Union a quorum shall consist of four representatives from the Union answering rollcall. Members may be represented or vote by mail or proxy.

3. At all meetings of the Union the following shall be the order of business.

- (1) Rollcall of Delegates.
- (2) Reading of Minutes.
- (3) Correspondence.
- (4) Secretary-Treasurer's Report.
- (5) Reports of Committees.
- (6) Resolutions, Orders and General Business.
- (7) Election of Officers.
- (8) Adjournment.

4. Special meetings may be called by the President upon not less than seven days clear notice being given by the Secretary-Treasurer to each member of the Executive Committee of such meeting and the object thereof.

5. In the interval between two annual meetings of the Union any action that might be lawfully taken at a special meeting may be so taken by mail or telegraph vote; provided, that where this Constitution requires a majority vote, the vote so taken must, to be effective, be a majority of all members of the Union voting, and where this Constitution requires a two-thirds vote, the vote so taken must, to be effective, be a two-thirds vote of all members of the Union voting; and provided, further, that in every instance such mail or telegraph vote shall be taken by the Secretary, and the ballots of each member must be preserved in his files.

## ARTICLE XI.

### LOCAL BOARDS.

1. Local Boards of this Union may be established in any city, municipality or district in British Columbia, as the Executive Committee may determine, such Boards being responsible for the governance, consistent with the provisions of this Constitution and By-Laws, of all amateur sport in its district.

2. Local Boards shall consist of not less than four members of this Union.

3. Each member of a Local Board shall be represented by one delegate, and such delegates shall compose the Board, each delegate being entitled to one or more votes, depending on the number of registered players that he represents in accordance with the sliding scale in the By-Laws. Such delegate may be represented by proxy.

4. The appointment of every delegate and alternate shall be in writing, duly certified by the chief executive officer or Secretary of the appointing member.

5. Each Board shall elect a Chairman and Secretary-Treasurer, not necessarily from among its members, but who shall have one vote each.

6. Decisions of Local Boards shall be subject to the approval of the Executive Committee in all cases.

7. Local Boards shall accept this Constitution and By-Laws and be governed entirely by same.

8. The powers of Local Boards shall be as enumerated in the By-Laws.

## **ARTICLE XII.**

### **DISTRICT CONSULS.**

The duties and powers of District Consuls shall be as enumerated in the By-Laws.

## **ARTICLE XIII.**

### **CONDITIONS OF COMPETITION.**

1. The conditions of competition in and the rules governing any athletic meeting, game or entertainment given or sanctioned by this Union or its members shall be those prescribed in the Constitution, By-Laws and Rules of the Union.

2. No person shall be eligible to compete in any meeting sanctioned by this Union unless he is a registered member of this Union or presents a registration card from one of the recognized governing bodies of amateur athletics.

## **ARTICLE XIV.**

### **AMENDMENTS.**

No amendment shall be made to the Constitution except at the annual meeting and by a two-thirds vote of all the members voting. All proposed amendments must be presented to the Secretary-Treasurer in writing at least thirty days before the annual meeting and forwarded by him to each Local Board and Consul at least fifteen days before the annual meeting.



# BY-LAWS

OF THE

## British Columbia Amateur Athletic Union

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### ARTICLE I.

#### DUTIES OF OFFICERS.

1. The officers of the Union, viz., President, Vice-Presidents and Secretary-Treasurer, shall be elected by ballot by a majority vote at the annual meeting of the Union, and vacancies may be filled by vote at any meeting of the Executive Committee.

2. The President may order meetings of the Committee when and where he shall deem necessary, shall preside at all meetings, and generally shall perform such duties as appertain to the office of President, and shall have a casting vote.

3. The Vice-President or Vice-Presidents shall have the power to perform the duties of the President in the absence or inability to act of the latter. He or they may or may not be accredited delegates, but when not accredited delegates shall attend and debate, without the right to vote except when acting as Chairman. In the absence of the President, Vice-Presidents who are accredited delegates shall have precedence according to priority of election.

4. The Secretary-Treasurer, who may or may not be an accredited delegate, and who shall be entitled to vote with the accredited delegates, shall keep the records of the Union, conduct all official correspondence, issue the notices of all meetings, keep a complete record of all athletic events held under the auspices of the Union, and perform such other duties as may be prescribed by the Constitution, By-Laws and Rules of this Union, and keep a record of all registered members.

The Secretary-Treasurer shall receive all moneys of this Union, and shall pay all bills approved by the Executive Committee; provided, that necessary minor expenses which may be paid by any committee may be turned into

the Secretary-Treasurer as cash if rendered in detail, duly attested by that committee and approved.

He shall, whenever required by the Executive Committee, submit and turn over to the said Committee all moneys, accounts, books, papers, vouchers and records, including bank and cheque books, appertaining to his office, and shall turn over the same to his successor when elected.

## ARTICLE II.

### AUDITORS.

There shall be appointed by the Executive Committee an Auditor or Auditors, who shall, within two weeks next preceding the annual meeting each year, examine and audit the accounts of the Secretary-Treasurer and make their report to the Executive Committee prior to the annual meeting next ensuing. The said Auditors shall also, at any other time, at the request of the Executive Committee, examine the accounts of the Secretary-Treasurer and report to the Committee thereon, and may require the Secretary-Treasurer to surrender all moneys and documents pertaining to his office.

## ARTICLE III.

### COMMITTEES.

The Executive Committee shall appoint from time to time such Committees as shall be named.

## ARTICLE IV.

### MEMBERSHIPS.

Any organization eligible under the Constitution of the Union desiring to become a member of the Union shall make application in writing to the Secretary-Treasurer, declaring:

1. Its name, location, number of its members, and the names of its officers.
2. Date of its organization and its purpose.
3. That it will, if elected a member of the Union, abide by the Constitution, By-Laws and Rules of this Union, and will respect, abide by and enforce all decisions of the Executive Committee.
4. It shall transmit at the same time the dues required by the Constitution, the names of its active members for registration, and a copy of its Constitution and By-Laws. Such application shall be immediately referred by the Secretary-Treasurer to the Executive Committee.

## ARTICLE V.

### VOTING POWER OF DELEGATES.

The delegates of the members composing Local Boards shall have votes according to the following scale of registered players:

One vote for the first fifty.

Two votes, from fifty to one hundred and fifty.

Three votes, from one hundred and fifty to four hundred.

Four votes, from four hundred to one thousand or over.

## ARTICLE VI.

### JURISDICTION OVER SPORTS.

This Union claims jurisdiction over the following branches of amateur athletics:

1. Baseball.
2. Basketball.
3. Boxing.
4. Cricket.
5. Football.
6. Gymnastics.
7. Lacrosse.
8. Rowing.
9. Swimming.
10. Running.
11. Track and Field Athletics.
12. Tennis.
13. Tug of War.
14. Walking.
15. Wrestling.

## ARTICLE VII.

### DUTIES OF LOCAL BOARDS.

1. To see that the objects of this Union are carried out in their districts.
2. To endeavor to secure the affiliation to this Union of all Amateur Athletic Clubs, Associations or Leagues in their respective districts.
3. To collect, through the Secretary-Treasurer, all fees and dues in the districts, and keep a record of same.
4. To issue the sanctions of the Union for all local sports.
5. To appoint a delegate to represent the Union at all sanctioned meets authorized by them.

6. To issue the registration cards of the Union to all bona fide amateur athletes in their district upon application for same.

7. To suspend any member or individual in the district pending final action of Executive Committee.

8. In case of any suspension to report the matter in detail immediately to the Secretary of the Executive Committee.

9. Local Boards shall hold their annual meetings within one month previous to the annual meeting of this Union, and shall prepare and present at each annual meeting of this Union—

(1) A detailed report of their year's work, together with the names of members of their Board, number of active players controlled by them, and names and addresses of the officers of such Local Board.

(2) A detailed financial statement of all moneys received or expended, number of sanctions and registration cards issued, and shall hand over to the Secretary-Treasurer of the Executive Committee all surplus funds, after payment of necessary office and travelling expenses of delegates.

## ARTICLE VIII.

### DISTRICT CONSUL.

1. The Executive Committee may name certain cities, towns, municipalities or districts, and appoint therein a District Consul, who shall be directly responsible to the Union.

2. Each District Consul shall be appointed and hold office until a successor is chosen.

3. It shall be the duty of a Consul to see that the Constitution, By-Laws and Rules of this Union are carried out in his district.

4. To endeavor to secure the affiliation to this Union of the various athletic organizations in his district.

5. To collect all fees and dues in his district and keep a record of same.

6. To issue the sanctions of this Union in his district.

7. To receive all applications for registration from bona fide amateur athletes, to endorse same and apply to the Secretary of the Executive Committee for registration card.

8. To suspend any member or individual in his district, pending action of the Executive Committee.

9. To call meetings of the members in his district and act as Chairman at same.



10. To act as official representative at all meets sanctioned by this Union in his district.

11. To report to the Secretary-Treasurer of the Executive Committee at least once every six months, giving a full report of affairs in his district, and to prepare for the annual meeting of this Union a report of the work done, sanctions and registration cards issued; to turn over to the Secretary-Treasurer of the Executive Committee all funds on hand, together with a statement of same.

12. Members of this Union under a Consul may appoint from among themselves a representative to act as Secretary-Treasurer to the District Consul.

13. A register containing the names of all playing members and registered athletes in his district must be kept by the Consul.

14. In case of suspension the Consul must, within two days, make a full report of the case to the Secretary of the Executive Committee.

## ARTICLE IX.

### ELIGIBILITY TO COMPETE.

1. In all B. C. Championship Competitions competitors shall have been at least sixty (60) days resident in the Province before date of such competition.

2. An athlete shall not lose his amateur status by competing with or against a professional in cricket, golf or indoor bowling.

## ARTICLE X.

### GENERAL AND ATHLETIC RULES.

1. The general rules and the athletic rules of this Union shall be those of the Amateur Athletic Union of Canada, as they apply to British Columbia conditions.

2. Sanctions, registrations and duties of delegates at sanctioned meets shall be as adopted and published in the General Rules.

## ARTICLE XI.

### AMENDMENTS.

These By-Laws may be amended at any meeting of the Executive Committee by a two-thirds vote of the members present, or by a mail vote by two-thirds of the members voting, provided that at least ten days notice shall have been given each member of the proposed amendment.

**GENERAL RULES**  
**FOR**  
**ATHLETIC**  
**MEETINGS AND COMPETITIONS**  
**OF THE**  
**British Columbia Amateur Athletic Union**

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1. No one shall be eligible or allowed to compete in any competition under these Rules while his amateur qualification or his right to compete is suspended by, or on behalf of, or under a rule or by-law of the Union or any of the governing bodies of amateur athletics.

2. No application for reinstatement to full amateur status, as under Article 4, Section B, of the Constitution, shall be entertained unless the applicant shall have abstained from all professional conduct for two years, except by the unanimous vote of the Provincial Executive Committee.

**TRAVELLING EXPENSES.**

3. In all cases where an athlete receives money to cover travelling expenses, whether from his own club or from any other organization, he shall, when required, send to the Chairman of the Registration Committee a signed statement showing the amount received and an itemized account of his expenses.

4. When any money is paid to an athlete for travelling expenses the organization or committee making such payments shall be required to take receipt therefor and forward the same immediately to the Chairman of the Registration Committee of the district in which said athlete is registered. Any athlete failing to furnish promptly the statement as required above shall be liable to suspension, and any organization failing to secure and forward the receipt as above provided shall be liable to suspension or refusal of sanction, as the case may be.

## ELIGIBILITY.

5. No one shall be eligible to compete in any athletic meeting, games or entertainment given or sanctioned by this Union unless he shall be a duly registered athlete, a member of the organization from which he enters, and shall not have represented any other club in this Union during a period of three months preceding such entry, except with the consent of such other club, or in special cases with the permission of the Registration Committee; provided that the requirements of this section shall not apply to any athletic meetings, games or entertainment the entries for which are confined to the club or organization giving such meeting or entertainment.

6. No athlete who has been released from a club which is a member of this Union, and who competes for another club directly thereafter, shall be allowed to compete again for the club he was released from for one year from the date of his release, except that the club has disbanded or ceased to exist.

7. No person shall be eligible to compete for or enter any competition as a member of any club in the territory of any sectional member of this Union unless he shall have resided within the territory of said sectional member at least two weeks previous to entering for competition; nor shall any person be eligible to enter or compete in any sectional championship meeting unless he shall have been a bonafide resident of such section for at least two months prior to the holding of such championship meeting; and no person shall be eligible to compete in a championship meeting of more than one section in one year.

8. The restrictions contained in this section shall not affect the eligibility of an undergraduate connected with any allied college athletic organization to represent his college or university during the college term in each year, or his eligibility to represent non-college clubs or organizations during the long vacation in each year.

9. Any person receiving compensation for services performed in any capacity in connection with athletic games, or in an athletic club, will be ineligible to represent such club in games under the rules of the Amateur Athletic Union until he shall have permanently abandoned such employment.

## PRIZES.

10. No prizes shall be given by any individual club, committee or association, or competed for or accepted by any athlete, except suitably inscribed wreaths, diplomas, banners, badges, medals, timepieces and mantel ornaments, or articles of jewelry, silverware, table or toilet service, unless authorized by the Registration Committee; and said prizes shall not exceed the cost of \$35.00 for first, \$20.00 for second and \$10.00 for third prize, unless by special permission challenge trophies or other similar prizes are authorized by the Registration Committee and a record kept of such authorization. Suitable team and individual prizes may be awarded for team competitions in a single specialty.

11. No more than three prizes in all shall be given in any event or competition, except in running and walking races of five miles or over and in swimming races of one mile or over (counting a team prize, allowed as above, as one prize), unless by special authority of the Registration Committee.

12. The prohibitions of this article shall not apply to tokens or prizes (other than money) composed in whole or in part of metal, and bearing inscriptions denoting the event or contest, in any case where such tokens or prizes shall have been given or sanctioned by this Union, or any of its members, or, prior to the formation of this Union, by any recognized amateur organization.

## REGISTRATION.

13. In no meeting, game or entertainment that has been sanctioned as an open athletic meeting shall an athlete's entry be accepted unless he shall have received a numbered certificate of registration stating that he is an amateur and eligible to compete in amateur sports. The provisions of this paragraph do not apply to events that are "closed," that is, open only to members of the club giving the said games.

14. All clubs giving open games or competitions under B. C. Amateur Athletic Union rules and sanction must state on their announcements and entry blanks that no entries to open events can be accepted except from registered athletes.

15. Each athlete applying for registration and receiving same shall be assigned a number, which number shall be plainly written on his registration certificate. Man-

agers of all open athletic meetings must leave a space on their entry blanks for recording the name and number of each registered athlete who enters.

16. All applications for registration must be accompanied by a fee of twenty-five cents and endorsed by the Secretary or other proper official of the club of which said applicant is a member and approved by a member of the Registration Committee within whose jurisdiction said club is located. Should the applicant for registration not be a member of an athletic club he must procure the endorsement of three reputable citizens of the locality in which he resides and the approval of a member of the Registration Committee within whose jurisdiction he resides.

17. Every athlete, when he registers, shall state his residence and what club he wishes to represent, and he shall neither be allowed to change the club nor compete unattached during the term of his registration in the B.C. A.A.U. or an allied body without the consent of the Registration Committee in the section in which he resides. When any registered athlete changes his residence from one section to another he shall notify the Registration Committee of the section wherein he is registered, and such Registration Committee shall issue a transfer to the section in which such athlete intends to reside.

18. All registrations shall be in force for current year of issue only.

19. An allied member may provide its own system of registration, not in conflict with the Constitution, By-Laws and Rules of the Union, as to amateur status, and available only to those actively affiliated with such allied member, and may impose such fee for registration as it may see fit.

#### SECTIONAL REGISTRATION COMMITTEE.

20. Every sectional member of this Union may elect a Registration Committee, to which shall be referred all matters within its territory pertaining to competition of amateur athletes on track or field and to the registration of athletes.

21. Such Committee shall receive, examine and decide upon all applications for registration and shall have the power to grant, withhold or withdraw sanctions for athletic meetings and to impose penalties upon promoters of athletic meetings and upon athletes who compete or exhibit

at the same without sanction of the Committee, and shall have the right of censorship on the character of prizes offered at athletic meetings.

22. Such Committee shall have the right, in considering and determining questions that affect the amateur status of an athlete, to act upon any kind of evidence, circumstantial or direct, and shall have the power to suspend any amateur athlete who neglects or refuses within thirty days to answer questions touching on his amateur status to the satisfaction of the Committee.

23. Such Committee can require an itemized statement of expenses, with receipts and vouchers, from any registered athlete or from any organization holding an athletic meeting under Union rules.

24. It shall be the duty of the Registration Committee to make or have made inquiry regarding any athlete whose amateur status is questioned, and all charges shall be entered with the Chairman of Committee, who shall provide for an investigation by a member or members of the Committee. Pending investigation, the athlete against whom charges are brought may be suspended. Suspicious circumstances which are, in the judgment of any member of the Committee, sufficient to make the status of any athlete a matter of reasonable doubt shall be the basis of investigation in the absence of formal charges. The member or members to whom the investigation is assigned shall immediately communicate with the party under suspicion, either in person or by registered letter, lay all charges before him or set forth the circumstances which lead to a reasonable doubt, and call for an answer to the charges or a satisfactory explanation of the circumstances which gave rise to the doubt. If the athlete can not satisfactorily prove his innocence he shall stand suspended pending final action by the Provincial Executive Committee.

25. Any person who shall refuse to testify before any Registration Committee, or to answer any question which such Committee shall rule to be proper, shall be liable to suspension or such discipline as the Committee may determine, until he has purged himself of such failure or refusal.

26. It shall be within the province of the Registration Committee to suspend from competition, for such time as it may deem proper, any person guilty of unfair dealing in connection with athletic competition or for violation of the rules of the Union.

27. The following, among other things, shall be considered as unfair dealing and ungentlemanly conduct: Sup-

pression of true figures from the handicapper, the use of obscene or profane language on the track or field, or any other act which tends to disturb or obstruct a competition.

28. The decision of the Committee shall be final in all cases, subject only to appeal to the Local Board of the section and then to the Executive Committee of the B. C. A. A. U.

#### SUSPENSION OR DISQUALIFICATION OF INDIVIDUALS.

29. Any person competing or exhibiting at open sports, or any athletic entertainment that is not given under the sanction of an allied or sectional member of the Union, shall thereby disqualify himself from competing at any sports given under sanction of the Union.

30. The Registration Committee of the section in whose territory the offence was committed shall have the power to reinstate anyone so disqualified.

31. Athletic meetings promoted by companies, incorporated bodies, individuals or associations of individuals, as private speculations or in conjunction with a benefit, social or picnic entertainment, are not, unless with the sanction of the Registration Committee of the section in whose territory such meetings are to take place, recognized by the Union, and any athlete competing at an unrecognized meeting shall thereby suspend himself from all games held under Union rules.

32. No person shall be allowed to compete at any meeting held under Union rules while disqualified or under a sentence of suspension of this Union or any of its sectional or allied members.

33. Any person knowingly competing against one who is disqualified or under sentence of suspension by this Union, or any of its sectional or allied members, shall be held to have suspended himself until the expiration of such sentence, or for such period as the Registration Committee of the section in whose territory the offence was committed may deem proper.

#### CHAMPIONSHIPS.

34. The annual championships shall be as follows:

##### A. Outdoor Meeting.

100 Yards Run.

220 Yards Run.

440 Yards Run.



880 Yards Run.  
 One Mile Run.  
 Five Mile Run.  
 Three Mile Walk.  
 Pole Vault for Height.  
 Running High Jump.  
 Running Broad Jump.  
 Hop, Step and Jump.  
 Throwing 16-pound Hammer.  
 Throwing 56-pound Weight for Distance.  
 Putting 16-pound Shot.  
 Throwing Discus.  
 120 Yards Hurdle, 10 flights 3 ft. 6 in high.  
 One Mile Relay( teams of four men).

- B. Junior Events.**
- 100 Yards Run.
  - 220 Yards Run.
  - 440 Yards Run.
  - 880 Yards Run.
  - One Mile Run.
  - Running Broad Jump.
  - Running High Jump.
  - Putting 8-pound shot.
  - Half Mile Relay( teams of four).

**NOTE**—Junior events are open to boys under eighteen years of age.

**C. Indoor Supplementary Meeting.**

50 Yards Run.  
 75 Yards Run.  
 150 Yards Run.  
 300 Yards Run.  
 600 Yards Run.  
 1000 Yards Run.  
 Two Mile Run.  
 One Mile Walk.  
 Standing Broad Jump.  
 Standing High Jump.  
 Three Standing Broad Jumps.  
 Throwing 56-pound Weight for Height.  
 Putting 12-pound Shot.  
 60 Yards Hurdle, 5 hurdles 2 ft. 6 in. high.

**D. Individual General Athletic Competition. Order of Events. Scoring on the percentage basis.**

100 Yards Run.  
 Putting 16-pound Shot.  
 Running High Jump.

880 Yards Walk.  
Throwing 16-pound Hammer.  
Pole Vault for Height.  
120 Yards Hurdle, 10 flights 3 ft. 6 in. high.  
Throwing 56-pound Weight for Distance.  
Running Broad Jump.  
One Mile Run.

#### RECORDS.

35. No record shall be accepted unless timed by at least three official Timekeepers, or measured by at least three Field Judges.

36. The Record Committee shall investigate every performance to which their attention is called, and shall be empowered, in their discretion, to reject any record which shall not be supported by the affidavits of at least six witnesses, including the officials, certifying as to the place, time of day, state of weather, condition of path or field, force and direction of wind, level of grade of grounds, weight, measurement and material of implement, and correctness of announced time or distance.

37. No record shall be accepted unless made in open competition. No record made on a Sunday shall be recognized by this Union.

#### DEFINITION OF A NOVICE.

38. An athlete shall be held to be a novice in any class until he shall have won a prize in a competition in that class, open to the members of two or more clubs.

The winning of such a prize shall prevent his future competition as a novice in that class, although his entry be made before he lost his standing as a novice.

#### ENTRIES.

39. All entries for competition held under B. C. Amateur Athletic Union Rules must be made on the entry forms adopted by the B. C. Amateur Athletic Union.

40. An athlete who fails to compete after entering an event in a bona fide way, and according to the rules, shall be required to furnish a satisfactory explanation for so doing, or render himself liable to censure or suspension by the local Registration Committee.

41. It shall be imperative for athletes who are members of any of the affiliated Associations, Leagues, Unions or Clubs of this Union to be entered by the Secretary of their respective clubs when desiring to take part in any open competition.

### PROFESSIONAL CONTESTS FORBIDDEN.

42. No professional contest or exhibition shall be allowed at any games, meetings or entertainments held under the auspices of the Union, except that regularly employed instructors may take part with their pupils in entertainments, provided that such instructors shall not participate in any competition.

### REPORT OF GAMES.

43. The Secretary of any organization conducting games under the rules of the Union shall be required to deliver to the Chairman of the Registration Committee of the section in whose territory the games are held, within two days after the close of the games, the official scores of all contests at such meeting. Any club that shall fail to file the necessary report of games shall be refused further sanctions until such report be filed.

### SANCTIONS.

44. Open sports are those in which the events are open to members of more than one club, school, college or other organization.

45. All games, meetings, benefits or entertainments of any kind where athletes compete or exhibit must be sanctioned, except where the games, meetings, benefits or entertainments are held by a club member of the Union or of its allied bodies, and the entries are confined to members of the club giving such games, meetings, benefits or entertainments. Members of this Union shall pay a fee of \$1.00 for each sanction. Sanctions must be obtained for all seasons' schedules in each year. Non-members of this Union applying for a sanction shall pay a fee of \$2.00.

### PERCENTAGE OF GATE RECEIPTS.

46. Sanctions may be granted to clubs in the membership to conduct championship contests on such terms as the Executive Committee may decide.

### OFFICIALS.

47. No suspended amateur or declared professional shall be allowed to act as an official in any amateur contests, and any club utilizing the services as an official of such suspended amateur or professional, in contravention of this rule, shall themselves be liable to suspension, ex-

cept in boxing contests, when the Registration Committee may permit the services of a professional Referee; but nothing in this rule shall be construed as prohibiting any member hereof from adopting regulations for the payment of expenses of Referees.

#### OFFICIAL REPRESENTATIVE.

The Official Representative of this Union shall be appointed by the Executive Committee or Local Board at the time of granting sanction. He shall see that the rules of Union are carried out, and act for the Union in all cases under his notice. He may finally settle all disputes or questions relating to the game, sport or rules, or may refer any matter brought before him to the Executive Committee for final decision. He shall make to the Committee appointing him a full report of the games.



# ATHLETIC RULES

OF THE

## British Columbia Amateur Athletic Union

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### RULE I.

#### OFFICIALS.

The officers of an Athletic Meeting shall be—

A Games Committee.

One Referee.

Two or more Inspectors.

Three Judges at Finish.

Three or more Field Judges or Measurers.

Three or more Timekeepers.

One Judge of Walking, with assistants if necessary.

One Starter.

One Clerk of the Course, with assistants if necessary.

One Scorer, with assistants.

One Marshal.

One Announcer.

### RULE II.

#### THE GAMES COMMITTEE.

The Games Committee in all B. C. A. A. U. championship meetings shall be appointed by the Executive Committee.

The Games Committee at any club meeting shall be composed of members of the club holding the meeting.

This Committee shall have jurisdiction of all matters not assigned by these rules to the Referee or other games officials.

### RULE III.

#### THE REFEREE.

The Referee shall decide all questions relating to the actual conduct of the meeting whose final settlement is not otherwise covered by these rules.

He alone shall have the power to change the order of events as laid down in the official programme and to add to or to alter the announced arrangement of heats in any event. A Referee has no authority, after heats have been

duly drawn and published in a programme, to transfer a contestant from one heat to another.

When in any but the final heat of a race, a claim of foul or interference is made, he shall have the power to disqualify the competitor who was at fault, if he considers the foul intentional or due to culpable carelessness, and shall also have the power to allow the hindered competitor to start in the next round of heats, just as if he had been placed in his trial.

When in a final heat a claim of foul or interference is made, he shall have the power to disqualify the competitor who was at fault, if he considers the foul intentional or due to culpable carelessness, and he shall also have the power to order a new race between such of the competitors as he thinks entitled to such a privilege.

If, during any athletic contest under the rules of the B. C. Amateur Athletic Union, a competitor shall conduct himself in a manner unbecoming a gentleman, or offensive to the officials, spectators or competitors, the Referee shall have the power to disqualify him from further competition at the meeting, and, if he thinks the offence worthy of additional punishment, shall promptly make a detailed statement of the facts to the Registration Committee of the B.C.A.A.U.

#### **RULE IV.**

##### **THE INSPECTORS.**

The Inspectors shall stand at such points as the Referee may designate to watch the competitors closely, and in case of a claim of foul to report to the Referee what they saw of the incident.

The Inspectors are merely assistants to the Referee, to whom they shall report, but in no case shall they give decisions.

#### **RULE V.**

##### **THE JUDGES AT FINISH.**

The Judges at Finish shall determine the order of finishing of contestants and shall arrange among themselves as to noting the winner, second, third, fourth, etc., as the case may require.

In case of disagreement the majority shall decide.

Their decision as to the order in which the men finish shall be final and without appeal.

## **RULE VI.**

### **THE FIELD JUDGES OR MEASURERS.**

The Field Judges or Measurers shall measure each trial of each competitor in all games whose record is one of distance or height.

They shall act as judges of these events, and their decisions as to facts shall likewise be without appeal. In case of disagreement a majority shall govern.

## **RULE VII.**

### **THE TIMEKEEPERS.**

The Timekeepers shall be not less than three in number. They shall individually time all events where time record is required, and determine among themselves and announce the official time of each heat or race.

Should two of the three watches mark the same time and the third disagree the time marked by the two watches shall be accepted. Should all three disagree the time marked by the intermediate watch shall be accepted.

The flash of the pistol shall denote the actual time of starting.

If for any reason only two watches record the time of an event, and they fail to agree, the longer time of the two shall be accepted.

For record, however, three watches must be held on an event and record the time.

All watches used in timing championship events must have been previously certified to by the official watch examiner in accordance with General Rules.

## **RULE VIII.**

### **THE STARTER.**

The Starter shall have sole jurisdiction over the competitors after the Clerk of the Course has promptly placed them in their positions for the start.

The method of starting shall be by pistol report, except that in time handicap races the word "go" shall be used.

An actual start shall not be effected until the pistol has been purposely discharged after the competitors have been warned to get ready. In case the pistol was not purposely discharged the competitors shall be called back by the Starter for pistol shot.

When any part of the person of a competitor shall touch the ground in front of his mark before the starting signal is given it shall be considered a false start.



Penalties for false starting shall be inflicted by the Starter, as follows:

In all races up to and including 125 yards the competitor shall be put back one yard for the first and another yard for the second attempt; in races over 125 yards, and including 300 yards, two yards for the first and two more for the second attempt; in races over 300 yards, and including 600 yards, three yards for the first and three more for the second attempt; in races over 600 yards, and including 1000 yards, four yards for the first and four more for the second attempt; in races over 1000 yards, and including one mile, five yards for the first and five more for the second attempt; in all races over one mile, ten yards for the first and ten more for the second attempt. In all cases the third false start shall disqualify the offender from that event.

The Starter shall also rule out of that event any competitor who attempts to advance himself from his mark, as prescribed in the official programme, after the Starter has given the warning to "get ready."

#### **RULE IX.**

##### **THE CLERK OF THE COURSE.**

The Clerk of the Course shall be provided with the names and the numbers of all entered competitors, shall record the names of all competitors who shall report to him, shall give them their numbers for each game in which they are entered, and he shall notify them to appear at the starting line before the start in each event in which they are entered.

In case of handicap events from marks he shall place each competitor behind his proper mark, shall immediately notify the Starter should any competitor attempt to advance himself after the Starter has warned them to "get ready," and in time allowance handicaps shall furnish the Starter with the number and time allowance of each actual competitor. He shall control his assistants, and assign to them such duties as he may deem proper.

#### **RULE X.**

##### **THE JUDGE OF WALKING.**

The Judge of Walking shall have the sole power to determine the fairness or unfairness of walking, and his rulings thereon shall be final and without appeal.

He shall caution any competitor whenever walking unfairly, the third caution to disqualify, except that he shall immediately disqualify any competitor when walking un-

fairly during the last 220 yards of a race. He shall control his assistants, and assign to them such of his duties as he may deem proper.

#### **RULE XI.**

##### **THE SCORER.**

The Scorer shall record the order in which each competitor finishes his event, together with the time furnished him by the Timekeepers. He shall keep a tally of the laps made by each competitor in races covering more than one lap, and shall announce, by means of a bell or otherwise, when the leading man enters the last lap. He shall control his assistants, and assign to them such of his duties as he may deem proper.

#### **RULE XII.**

##### **THE MARSHAL.**

The Marshal in all championship meetings shall have full police charge of the enclosure, and shall prevent any but officials and actual competitors from entering or remaining therein. He shall control his assistants, and assign to them their duties.

#### **RULE XIII.**

##### **THE ANNOUNCER.**

The Announcer shall receive from the Scorers the result of each event, and announce the same by voice, or by means of a bulletin board.

#### **RULE XIV.**

##### **COMPETITORS.**

Competitors shall report to the Clerk of the Course immediately upon their arrival at the place of meeting, and shall be provided by that official with their proper numbers, which must be worn conspicuously by the competitors when competing, and without which they shall not be allowed to start.

Each competitor shall inform himself of the time of starting, and shall be promptly at the starting point of each competition in which he is entered and there report to the Clerk of the Course.

Under no condition shall any attendants be allowed to accompany competitors at the start or during any competition.

Trainers and handlers shall not be allowed with'n the center field or inner circle or on the track immediately

prior to or during competitions at championship meetings, excepting in distance races exceeding one mile.

All entries must be made in the real name of the competitor.

Competitors in handicap competitions shall be required to send with their entries full and definite particulars as to their last three performances (if any).

In all scratch events the competitors shall take their trials in the order of their names as printed in the programme.

In all handicap events the competitor having the greatest allowance shall make the first trial, and so on in regular order up to the competitor at scratch or with least allowance, who shall have the last trial.

Every competitor must wear complete clothing from the shoulder to the knees (e.g.), jerseys and loose drawers.

An athlete who fails to compete after entering an event in a bona fide way, and according to rules, shall, if requested, furnish a satisfactory excuse for so doing, or render himself liable to censure or suspension by the Registration Committee.

No competitor shall be allowed to start without his proper number.

#### **RULE XV.**

##### **PROTESTS.**

Protests against any entered competitor may be made verbally or in writing to the Games Committee, or any member thereof, before the meeting, or to the Referee during the meeting. If possible the Committee or Referee shall decide such protests at once. If the nature of the protest or the necessity of obtaining testimony prevents an immediate decision the competitor shall be allowed to compete under protest, and the protest shall be decided by the Games Committee within one week, unless its subject be the amateur standing of the competitor, in which case the Games Committee must report such protest within forty-eight hours to the member of the Registration Committee.

#### **RULE XVI.**

##### **TIES.**

In all contests whose results are determined by measurement of height or distance ties shall be decided as follows:

In handicap contests the award shall be given to the competitor who received the least allowance. In case of a tie between two or more competitors who received the same allowance the decision shall be made as in scratch contests.

In case of a tie in a scratch contest at high jumping the tying competitors shall have three additional trials at the height last tried, and if still undecided the bar shall be lowered to the height next below and three trials taken at that height. If no one clears it the bar shall be lowered again and again until one of the competitors clears it. In case of a second tie the award shall be given to the competitor who cleared the bar with the least number of trials.

In case of a tie in the pole vault the officials shall raise or lower the bar, at their discretion, and those competitors who have tied shall be allowed one trial at each height.

In handicaps, where a tie occurs the scratch man or man with the smallest allowance shall be given the place.

In case of a tie in a scratch contest at any game decided by distance, each of the tying competitors shall have three additional trials, and the award shall be made in accordance with the distances cleared in these additional trials. In case of a second tie three more trials shall be allowed, and so on until a decision is reached. In case of a dead heat in any track events the competitors shall not be allowed to divide the prize or points, or to toss for them, but must compete again at a time and place appointed by the Referee.

## **RULE XVII.**

### **THE COURSE.**

Each competitor shall keep in his respective position from start to finish in all races on straightaway tracks, and in all races on tracks with but one or more turns he shall not cross to the inner edge of the track except when he is at least six feet in advance of his nearest competitor. After turning the last corner into the straight in any race each competitor must keep a straight course to the finish line, and not cross, either to the outside or the inside, in front of any of his opponents.

In all championship races of the B. C. Amateur Athletic Union, or any of its divisions, at any distance under and including 220 yards, each competitor shall have a separate course, properly roped, staked and measured, whether the race be run on a straight path or around one or more curves.

The Referee shall disqualify from that event any competitor who wilfully pushes against, impedes, crosses the course of, or in any way interferes with another competitor.

The Referee shall disqualify from further participation in the games any contestant competing to lose, to

coach, or to in any way impede the chances of another competitor, either in a trial or final contest.

### **RULE XVIII.**

#### **THE FINISH.**

The finish shall be represented by a line between two finishing posts, drawn across and at right angles to the sides of the track, and four feet above which line shall be placed a tape attached at either end to the finishing posts. A finish shall be counted when any part of the winner's body, except his hands or arms, shall touch the tape at the finish line.

The tape is to be considered the finishing line for the winner, but the order of finishing across the track line shall determine the position of the other competitors.

### **RULE XIX.**

#### **TRACK MEASUREMENT.**

All distances run or walked shall be measured upon a line eighteen inches outward from the inner edge of the track, except that in races on straightaway tracks the distance shall be measured in a direct line from the starting mark to the finishing line.

### **RULE XX.**

#### **HURDLES.**

Different heights, distances and number of hurdles may be selected for hurdle races.

In the 120 yards hurdle race ten hurdles shall be used, each hurdle to be three feet six inches high. They shall be placed ten yards apart, with the first hurdle fifteen yards distant from the starting point and the last hurdle fifteen yards before the finishing line. In the 220 yards hurdle race ten hurdles shall be used, each hurdle to be two feet six inches high. They shall be placed twenty yards apart, with the first hurdle twenty yards distant from the starting mark and the last hurdle twenty yards before the finishing line.

In the 70 yards indoor hurdle race five hurdles shall be used, each hurdle to be two feet six inches high. They shall be placed ten yards apart, with the first hurdle fifteen yards distant from the starting point and the last hurdle fifteen yards from the finishing line.

In hurdle races of other distances, and with different numbers of hurdles, the hurdles shall be placed at equal

intervals, with the same space between the first hurdle and the starting point and the last hurdle and the finishing line as between each of the hurdles.

In making a record it shall be necessary for the competitor to jump over every hurdle in its proper position.

## RULE XXI.

### JUMPING.

Section 1. A fair jump shall be one that is made without the assistance of weights, diving, somersaults or hand-springs of any kind.

In all handicap jumps the scratch man shall be entitled to try last.

### THE RUNNING HIGH JUMP.

Section 2. The Field Judges shall decide the height at which the jump shall commence, and shall regulate the succeeding elevations.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail he shall be declared out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial jump in a like order, after which those having failed twice shall make their third trial jump.

The jump shall be made over a bar resting on pins projecting not more than three inches from the uprights, and when this bar is removed from its place it shall be counted as a trial jump.

Running under the bar in making an attempt to jump shall be counted as a "balk," and three successive "balks" shall be counted as a trial jump.

The distance of the run before the jump shall be unlimited.

A competitor may decline to jump at any height in his turn, and by so doing forfeits his right to again jump at the height declined.

### THE STANDING HIGH JUMP.

Section 3. The feet of the competitor may be placed in any position, but shall leave the ground only once in making an attempt to jump. When the feet are lifted from the ground twice, or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock forward and back, lifting heels and toes alternately from the ground, but may not lift either

foot clear from the ground or slide it along the ground in any direction.

With this exception the rules governing the Running High Jump shall also govern the Standing High Jump.

#### THE RUNNING BROAD JUMP.

Section 4. When jumped on earth a joist five inches wide shall be sunk flush with it. The outer edge of this joist shall be called the scratch line, and the measurement of all jumps shall be made from it at right angles to the nearest break in the ground made by any part of the person of the competitor.

In front of the scratch line the ground shall be removed to the depth of three and the width of twelve inches outward.

A foul jump shall be one where the competitor, in jumping off the scratch line, makes a mark on the ground immediately in front of it, or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and in championship events the best three shall each have three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

The distance of the run before the scratch line shall be unlimited.

#### THE POLE VAULT.

Section 5. The height of the bar at starting and at each successive elevation shall be determined by the officials.

Three trials allowed at each height. Each competitor shall make an attempt in the order in which his name appears on the programme, then those who have failed shall have a second trial in regular order, and those failing on this trial shall take their final trial.

Displacing the bar counts as a try.

A line shall be drawn fifteen feet in front of the bar and parallel with it; crossing this line in an attempt shall be a balk. Two balks constitute a try.

Leaving the ground in an attempt shall constitute a try.

A competitor may omit his trials at any height, but if he fail at the next height he shall not be allowed to go back and try the height he omitted.

The poles shall have no assisting devices, except that they may be wound or wrapped with any substance for the purpose of affording a firmer grasp and may have one spike at the lower end. No competitor shall, during his



vault, raise the hand which was uppermost when he left the ground to a higher point on the pole, nor shall he raise the hand which was undermost when he left the ground to any point on the pole above the other hand.

Poles shall be furnished by the club giving the games, but contestants may use their private poles if they so desire, and no contestant shall be allowed to use any of these private poles except by the consent of their owners. The poles shall be unlimited as to size and weight.

Any competitor shall be allowed to dig a hole not more than one foot in diameter at the take-off in which to plant his pole.

In case of a tie the officials shall raise or lower the bar at their discretion, and those competitors who have tied shall be allowed one trial at each height.

In handicaps where a tie occurs the scratch man or man with the smallest allowance shall be given the place.

The rule governing the Running Broad Jump shall also govern the Pole Vault for distance, except that when the man leaves the ground in an attempt it shall be counted a trial.

#### THE STANDING BROAD JUMP.

Section 6. The feet of the competitor may be placed in any position, but shall leave the ground only once in making an attempt to jump. When the feet are lifted from the ground twice, or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock forward and back, lifting heels and toes alternately from the ground, but may not lift either foot clear of the ground, or slide it along the ground in any direction.

In all other respects the rule governing the Running Broad Jump shall also govern the Standing Broad Jump.

#### THE THREE STANDING BROAD JUMPS.

Section 7. The feet of the competitor shall leave the ground only once in making an attempt for each of the three jumps, and no stoppage between jumps shall be allowed. In all other respects the rules governing the Standing Broad Jump shall also govern the Three Standing Broad Jumps.

#### RUNNING HOP, STEP AND JUMP.

Section 8. The competitor shall first land upon the same foot with which he shall have taken off. The reverse foot shall be used for the second landing, and both feet shall be used for the third landing.

In all other respects the rules governing the Running Broad Jump shall also govern the Running Hop, Step and Jump.

## **RULE XXII.**

### **THE SHOT.**

The shot shall be a solid sphere made of metal, and weighing at least twelve or sixteen pounds, as the event may call for. For indoor competition the shot may be covered with any material, the combined weight of which shall not be less than the above weights.

The shot shall be "put" with one hand, and in making the attempt it shall be above and not behind the shoulder.

The competitor shall stand in a circle seven feet in diameter, and it shall be divided into two halves by a line drawn through the centre. In the middle of the circumference of the front half shall be placed a stop-board four feet long, four inches high, and firmly fastened to the ground. In making his puts the feet of the competitor may rest against but not on top of this board.

A fair put shall be one in which no part of the person of the competitor touches the top of the stop-board, the circle or the ground outside the circle, and the competitor leaves the circle by its rear half, which shall be the half directly opposite the stop-board. A put shall be foul if any part of the person of the competitor touch the ground outside the front half of the circle before the put is measured.

The measurement of each put shall be from the nearest mark made by the fall of the shot to the circumference of the circle on a line from the mark made by the shot to the centre of the circle.

Foul puts and letting go the shot in making an attempt shall be counted as trail puts without result.

The order of competing and number of trials shall be the same as for the Running Broad Jumps. Shots shall be furnished by the Games Committee. Any contestant may use his private shot if correct in weight and shape, in which case the other contestants must also be allowed to use it if they wish.

## **RULE XXIII.**

### **THROWING THE 56-POUND WEIGHT.**

Section 1. The weight shall be a metal sphere, with a metal handle attached. Their combined weight shall be at least fifty-six pounds, and their combined height shall not be more than sixteen inches, but no flexible attachment shall be allowed.

All throws shall be made from a circle seven feet in diameter.

In making his throws the competitor may assume any position he chooses, and use one or both hands.

Foul throws and letting go the weight in an attempt shall count as trial throws without result.

Weights shall be furnished by the Games Committee. Any contestant may use his private weight if correct in weight and shape, in which case the other contestants must also be allowed to use it if they wish.

#### IN THROWING FOR DISTANCE.

Section 2. A fair throw shall be one where no part of the person of the competitor shall touch in front of the circle in making an attempt. A throw shall be counted foul if the competitor steps over the front half of the circle before his throw is measured.

The measurement of each throw shall be from the nearest mark made by the fall of any part of the weight or handle to the inside edge of the circumference of the circle on a line from the mark to the centre of the circle.

The number of trials and method of decision shall be the same as in the Running Broad Jump.

#### IN THROWING FOR HEIGHT.

Section 3. A wooden disk three feet in diameter shall be suspended horizontally in the air.

The Field Judges shall determine the height at which the disk shall be fixed at the beginning of the competition and at each successive elevation.

A fair throw shall be one where no part of the person of the competitor shall touch the circle of the ground outside of the circle before the weight touches the disk, and where any part of the weight or handle touches any part of the disk.

The measurement of each throw shall be from the ground perpendicularly up to the lowest part of the disk.

The method of competition shall be the same as in the Running High Jump.

#### RULE XXIV.

##### THROWING THE HAMMER.

The head and handle may be of any size, shape and material, provided that the length of the complete implement shall not be more than four feet and its weight not less than sixteen pounds.

The competitor may assume any position he chooses and use either one or both hands.

All throws shall be made from a circle seven feet in diameter.

A fair throw shall be one where no part of the person of the competitor shall touch outside the circle in making the attempt.

A throw shall be counted foul if the competitor steps over the front half of the circle before his throw is measured.

Foul throws and letting go of the hammer in an attempt shall count as trial throws.

The measurement of each throw shall be from the nearest mark made by the fall of the head of the hammer to the inside circumference of the circle, on a line from the mark to the centre of the circle.

The number of trials and methods of decision shall be the same as in the Running Broad Jump.

Hammers shall be furnished by the Games Committee. Any contestant may use his private hammer if correct in weight and length, in which case the other contestants must also be allowed to use it if they wish.

## RULE XXV.

### THROWING THE DISCUS.

The discus shall be of smooth, hardwood body, without finger holes, weighted in the centre with lead discs and capped with polished brass discs, with steel ring on the outside. The weight of the discus shall be four and one-half ( $4\frac{1}{2}$ ) pounds; outside diameter, eight (8) inches; thickness in centre, two (2) inches.

All throws shall be made from a seven (7) foot circle, with four (4) foot stop-board, similar in all respects to the circle for putting the shot.

From the centre of this circle a straight line shall be drawn in the direction in which the competitors are to throw. At an angle of forty-five degrees on either side of this line shall be drawn side lines. To constitute a valid throw the discus must first strike the ground in the space between these side lines.

In making his throws a competitor may assume any position he chooses. Foul throws and letting go the discus in attempts shall count as trials without result. A fair throw shall be one in which no part of the person of the competitor touches the ground outside the front half of the circle and the competitor leaves the circle by its rear half. A throw shall be foul if any part of the person touches the

ground or the front half of the circle before the throw is measured.

In making his throw the competitor may assume any position he pleases, and the rules governing a "fair throw" to be the same as the hammer and 56-pound weight.

A discus shall be furnished by the Games Committee. Any competitor may use his private discus if it conforms to the rules, in which case other contestants shall be allowed to use it if they wish.

The measurements of each throw shall be made from the nearest mark made by the fall of the discus to the inside circumference of the circle on a line from the mark made by the discus to the centre of the circle.

## RULE XXVI.

### TUGS-OF-WAR.

Tugs-of-War shall be pulled on cleats made of wood, same to be at least four inches thick, six inches high and twenty-two inches long, and at least six feet six inches apart. The distance from the clamp in the centre to the first cleat on either side shall be not less than six feet.

The cleats shall be set on edge and bolted to the board.

The rope shall be a manilla three-stranded rope, not less than four and a half nor more than five inches in circumference. There shall be a clamp equi-distant from the first cleat on either side, which shall be sufficient to hold the rope in position until released.

This clamp shall not make an appreciable kink in the rope. Any position may be assumed before the pistol is fired. No mechanical device shall be used for holding the rope. No belts shall be used. But the anchorman may be allowed to use a single twist around the arm and below the shoulder. The flanges to hold the rope in place shall not be constructed so as to bind on the rope in any position that the anchor may assume. Competitors shall not use weights in unlimited pulls, but in pulls limited to specified weights competitors may use weights, providing the total weight of the team, including weights, does not exceed the limit.

The standard time limit for each pull shall be three minutes, and a rest of not less than ten minutes shall be allowed each competitor between trial pulls. A shorter or longer time limit may be agreed upon for other than championship contests.

When Tugs-of-War are limited to teams of a given weight competitors shall be weighed before competing.

They shall be weighed as they pull, i.e., including clothing, shoes, etc. The weighing in shall be done immediately before the pull.

No knot of any kind shall be tied in the rope, and the rope shall not be passed more than once around the body of the anchor.

#### RULE XXVII.

##### TOSSING THE CABER.

The caber shall be round, made of solid wood, sixteen feet long, and shall weigh 100 pounds. The diameter of one end shall be twice the diameter of the other end, and it shall taper gradually from the large to the small end. If metal additions should be necessary to bring the caber up to the required weight an equal quantity must be added to each end, but in no case shall the entire quantity used exceed twenty pounds.

The caber shall be held perpendicularly by the small end, and shall be tossed so that the butt or large end shall strike the ground first, the object being to force over and away as far as possible from the competitor the small end, to which all measurements shall be made.

The distance of the run before the toss shall be unlimited.

The measurements shall be made from the toe of the foot on which the competitor stands when the caber leaves his grasp to the small end of the caber as it rests on the ground. If standing on both feet, then the measurement shall be made from the toe of the foot farthest to the front.

Each competitor shall have three trials.

Letting the caber drop or touch the ground after it has been raised before making the toss shall be counted as a trial without result.

#### RULE XXVIII.

##### MARATHON ROAD RACES.

1. Each competitor must undergo a medical examination previous to the start by the medical officer or officers appointed by the Games Committee.

2. A competitor must at once retire from the race if ordered to do so by a member of the medical staff appointed by the Committee.

3. No competitor, either at the start or during the progress of the race, may take or receive any drug. The breach of this rule will operate as an absolute disqualification.

4. If necessary the station of each competitor at the start will be determined by lot, and in the event of competitors being too numerous to be started on a single line they will be started on two or more lines.

5. In races of ten miles and over each competitor shall be allowed two attendants, who shall wear on the arm the same distinctive number as the competitor.

6. The attendants shall, during the progress of the race, remain behind the competitor they are attending, or be sufficiently in front to prevent them giving pacing assistance. Non-observance of this rule will disqualify the competitor.

7. Attendants will not be permitted at the start of the contest, but must proceed to an appointed place, not less than one mile from the start, and join their competitors as they pass. No attendant will be allowed to finish with the competitors.

8. Any competitor who drops out of the race and who subsequently obstructs another competitor, or who seeks to finish the race without having run over the whole course, will render himself liable to suspension by the Registration Committee.

9. Any competitor whose attendant or attendants obstruct another competitor will be disqualified.

10. Each competitor must provide his own attendants and required refreshments.

#### **RULE XXIX.**

##### **RELAY RACES.**

1. A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event. There shall be Judges of Relay Racing, whose duties it shall be to see that all touches are properly made.

2. The same rules with reference to fouling, coaching or impeding a runner in any manner apply to relay racing as to other running events.

3. In the case of a handicap relay race the runner on the first relay is granted the total handicap allowed each team.

4. No member of a relay team, in order to relieve his teammate, can run back of the line. No man can run two relays in any one team.

5. Only those are allowed to run in the final of a relay race who have competed in the trial heats.

6. The positions of the team must be drawn for.

7. In all relay races an announcement must be made as to what distance each man is to run in his relay. Any man failing to run the distance required shall cause his team to be disqualified. And the failing of any one man to run his full relay shall cause the team to be disqualified.





# BOXING RULES

## OF THE

### British Columbia Amateur Athletic Union

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1. In all open competitions the ring shall be not less than sixteen feet nor more than twenty-four feet square, and shall be formed of eight stakes or ropes, the latter extending in double lines, the uppermost line four feet from the floor and the lower line two feet from the floor.
2. Competitors to box in regulation athletic costume, in shoes without spikes, or in socks, and to use boxing gloves of not more than eight ounces in weight.
3. Weights to be: Bantam, 105 pounds and under; feather, 115 pounds and under; special, 125 pounds and under; light, 135 pounds and under; welter, 145 pounds and under; middle, 158 pounds and under; heavy, 158 pounds and over.
4. Any athlete who weighs in and then fails to compete, without an excuse satisfactory to the Games Committee, shall be suspended for six months. Contestants shall be weighed within one hour of the beginning of the contests, and any contestant being over weight shall be rejected.
5. In all open competitions the result shall be decided by two Judges, with a Referee. A Timekeeper shall be appointed.
6. In all competitions the number of rounds to be contested shall be three. The duration of rounds in the trial bout shall be limited to three minutes each. In the "finals" fought the first two rounds will be three minutes each and the final round four minutes. The interval between two rounds shall be one minute.
7. In all competitions, any competitor failing to come up when time is called shall lose the bout.

8. Immediately before the competition each competitor shall draw his number and compete as follows: To have a preliminary round of as many contests as the total number

of contestants exceeds two, four, eight, sixteen or thirty-two, and drop the losers. This leaves two, four, eight, sixteen or thirty-two contestants, and rounds then proceed regularly with no byes or uneven contests.

9. Each competitor shall be entitled to the assistance of one second only, and no advice or coaching shall be given to any competitor by his second, or by any other person, during the progress of any round.

10. The manner of judging shall be as follows: The two Judges and Referee shall be stationed apart. At the end of each bout each Judge shall write the name of the competitor who in his opinion has won, and shall hand the same to the Announcer (or Master of Ceremonies). In case the Judges agree the Master of Ceremonies shall announce the name of the winner; but in cases where the Judges disagree the Master of Ceremonies shall so inform the Referee, who shall thereupon himself decide.

11. The Referee shall have power to give his casting vote when the Judges disagree, to caution or disqualify a competitor for infringing rules, or to stop a round in the event of either man being knocked down; providing that the stopping of either of the first two rounds shall not disqualify any competitor from competing in the final round to decide the competition, except either man shows so marked a superiority over the other that a continuation of the contest would serve only to show the loser's ability to take punishment. And the Referee can order a further round, limited to two minutes, in the event of the Judges disagreeing.

12. The decision of the Judges or Referee, as the case may be, shall be final.

13. In all competitions the decision shall be given in favor of the competitor who displays the best style and obtains the greatest number of points. The points shall be: For attack, direct clean hits with the knuckles of either hand on any part of the front or sides of the head or body above the belt; defence, guarding, slipping, ducking, counter-hitting or getting away. Where points are otherwise equal, consideration to be given to the man who does the most of the leading off.

14. The Referee may disqualify a competitor who is boxing unfairly by kicking or hitting with the open glove, by hitting with the inside or butt of the hand, the wrist or elbow, hitting or catching hold the waist, or hitting when

down (one knee and one hand, or both knees on the floor), butting with the head or shoulder, wrestling or roughing at the ropes, using offensive and scurrilous language, or not obeying the orders of the Referee.

15. The competitor who has last been beaten by the winner shall be entitled to second place, and all who have been beaten by the winners of either first or second place shall be entitled to compete for third place.

16. In case of a default for any cause whatever the Committee may order the bout to be boxed, substituting for the man defaulting a contestant who previously boxed in the class and who can make the weight.

17. If in the opinion of the Referee or the Judges a bout is not being contested on its merits said bout must be stopped by the Referee and the contestant or contestants so at fault disqualified, and another boxer or pair of boxers substituted, as provided in section above.

18. In the event of a question arising not provided for in these rules the Referee to have full power to decide such question or interpretation of rule.



# WRESTLING RULES

OF THE

## British Columbia Amateur Athletic Union

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### CATCH-AS-CATCH-CAN.

1. In all competitions the ring shall be roped and of not less than sixteen feet or more than twenty-four feet square.
2. Weights to be: Bantam, 105 pounds and under; feather, 115 pounds and under; special, 125 pounds and under; light, 135 pounds and under; welter, 145 pounds and under; middle, 158 pounds and under; heavy, 158 pounds and over.
3. Any hold, grip, lock or trip allowed, except the hammer lock, strangling and full Nelson holds.
4. Nothing heavier than light slippers or rubbers without heels allowed on feet.
5. Both shoulders shall be on the floor at the same time to constitute a fall.
6. A rest of not less than five nor more than ten minutes shall be allowed between falls.
7. No striking, kicking, gouging, hair pulling, butting, strangling or anything that endangers life or limb will be allowed.
8. Each contestant shall be entitled to the assistance of two seconds only, and no advice or coaching shall be given to any competitor by his seconds, or either of them, or by any other person, during the progress of any bout. Any violation of this rule, or of Rule 7, by any contestant, or the refusal of any contestant to break any hold when so ordered by the Referee, may be punished by the Referee by the loss of the bout to the offender and his exclusion from further competition.
9. Immediately before the competition each competitor who has weighed in shall draw in person his number and compete as follows: Have a preliminary round of as many

contests as the total number of contestants can be divided by two. In case any contestant does not compete in the preliminary series he shall be allotted a number in the next series of bouts, so as to avoid the possibility of again drawing a bye. This leaves two, four, eight or sixteen contestants, and the bouts then proceed regularly with no byes or uneven contests.

10. The contestant who has last been defeated by the winner shall receive second prize; and all who have been defeated by the winners of either first or second place shall be entitled to compete for third place.

11. Duration of bouts shall be six minutes.

12. The Referee shall have full control of the competition, and his decisions shall be final and without appeal.

13. A Timekeeper shall be appointed.

14. If in the preliminary bouts no fall has been obtained by either contestant after the expiration of six minutes the Referee may award the bout to the contestant having shown the best qualities, or who evidently has acted mostly upon the offensive; or the Referee may, after allowing three minutes rest, order a supplementary bout of three minutes. If in the final bouts a fall has not been obtained at the expiration of six minutes another bout of six minutes shall be ordered. If at the expiration of this second bout a fall has not resulted an additional bout of three minutes shall be ordered; if no fall, Referee shall award.

15. Contestants shall be weighed within one hour of the beginning of the contests, and any contestant being over weight shall be rejected.

16. Any athlete who weighs in and then fails to compete, without an excuse satisfactory to the Games Committee, shall be suspended for six months. All weighing it shall cease as soon as the first bout of the tournament on each night is commenced.



